

Action List Item	Definition	Description	Directions
ANAM	Automated Neuropsychological Assessment	Required within 12 months before certain deployments	Completed by Mental Health. Direct member to call (x4451) or walk in to Mental Health to schedule; typically conducted on Fridays
Anthrax	Immunization to help protect against Anthrax	Requirement for certain deployments	Direct member to Immunizations; no order required
Audiogram	Hearing test	Required for certain deployments. If required, the pre-deployment audiogram is required within 1 year prior to departure from home station, and the post-deployment audiogram must be done within 30 days of return to home station.	Must schedule with Public Health Front Desk (x4405)
Blood Type	A blood draw to determine member's blood type (e.g. A, B, AB)	One-time requirement (lab) for all	Should be conducted during Accession; direct member to call Active Duty Clinic (x4448) to verify if completed but not updated; if no record, will be ordered and member can report to Lab afterwards
Contact Lens Appt	An eye appointment for flyers who wear contact lenses	Required periodically for flyers who have opted to participate in the aircrew contact lens program	Contact Optometry to schedule (x3115)
COVID-19	Immunization to help protect against COVID-19	Required for all service members	Direct member to Immunizations; no order required
DD2795	aka DHA #1, DD Form 2795, Pre- Deployment Health Assessment	Member needs to complete within 120 days prior to the estimated date of departure from home station. Member should click the "Start DD2795" button to complete their portion of the questionnaire.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under Deployment and DrHA tab
DD2796	aka DHA #2, DD Form 2796, Post-Deployment Health Assessment	Completed within 30 days prior to departure from theater; if not completed in theater, the DD Form 2796 must be completed within 30 days of return from deployment. Member should click the "Start DD2796" button to complete their portion of the questionnaire.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under Deployment and DrHA tab
Dental	Dental Exam	Annual requirement for all	Schedule with the Dental Front Desk (x2511) [NOTE: If applicable, some AUoF members coordinate through Unit Scheduler]

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DHA1 Appt	DHA1 person-to-person interview with provider	Member completed the DHA1 questionnaire and now needs to schedule the required person-to-person medical interview	Schedule in-person appointment with PCM by calling Appointment Line (406-731-4633)
DHA1	aka DHA #1, DD Form 2795, Pre- Deployment Health Assessment	Member needs to complete within 120 days prior to the estimated date of departure from home station. Member should click the "Start DHA1" button to complete their portion of the questionnaire.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under Deployment and DrHA tab
DHA2 Appt	DHA2 person-to-person interview with provider	Member completed the DHA2 questionnaire and now needs to schedule the required person-to-person medical interview	Schedule in-person appointment with PCM by calling Appointment Line (406-731-4633)
DHA2	aka DHA #2, DD Form 2796, Post-Deployment Health Assessment (PDHA)	Member needs to complete within 30 days prior to departure from theater; if not completed in theater, must be completed within 30 days after return from deployment. Member should click the "Start DHA2" button to complete their portion of the questionnaire.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under Deployment and DrHA tab
DHA3 Appt	DHA3 person-to-person interview with provider	Member completed the DHA3 questionnaire and now needs to schedule the required person-to-person medical interview	Schedule virtual (telephone) appointment with PCM by calling Appointment Line (406-731-4633)
DHA3	aka DHA #3, DD Form 2900, Post-Deployment Health Reassessment (PDHRA)	Member needs to complete between 90 days and 180 days after return from deployment. Member should click the "Start DHA3" button to complete their portion of the questionnaire.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under Deployment and DrHA tab
DHA4 Appt	DHA4 person-to-person interview with provider	Member completed the DHA4 questionnaire and now needs to schedule the required person-to-person medical interview	Schedule virtual (telephone) appointment with PCM by calling Appointment Line (406-731-4633)

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DHA4	aka DHA #4, Deployment Mental Health Assessment (MHA)	Member needs to complete between 181 days and 545 days after return from deployment (cannot be completed within 90 days of DHA #3). Should be accomplished with the annual Preventive Health Assessment (PHA). Member should click the "Start DHA4" button to complete their portion of the questionnaire.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under Deployment and DrHA tab
DHA5 Appt	DHA5 person-to-person interview with provider	Member completed the DHA5 questionnaire and now needs to schedule the required person-to-person medical interview	Schedule virtual (telephone) appointment with PCM by calling Appointment Line (406-731-4633)
DHA5	aka DHA #5, Deployment Mental Health Assessment (MHA)	Member needs to complete between 546 days and 910 days after return from deployment (cannot be completed within 90 days of DHA #4). Should be accomplished with the annual Preventive Health Assessment (PHA). Member should click the "Start DHA5" button to complete their portion of the questionnaire.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under Deployment and DrHA tab
Distant Visual Acuity	An eye test to measure distant vision	Required to determine if gas mask inserts are needed	Should be conducted during Accession; direct member to call Optometry Clinic (x3115) to verify if completed but not updated; if no record, can walk in to Optometry
DNA	A blood draw to obtain a sample of the member's DNA	One-time requirement (lab) for all	Should be conducted during Accession; direct member to call Active Duty Clinic (x4448) to verify if completed but not updated; if no record, will be ordered and member can report to Lab afterwards
G6PD	A blood draw to determine the member's G6PD status	One-time requirement (lab) for all	Should be conducted during Accession; direct member to call Active Duty Clinic (x4448) to verify if completed but not updated; if no record, will be ordered and member can report to Lab afterwards
Gas Mask Inserts	Gas Mask Inserts	Member requires gas mask inserts, but has not yet received them (Optometry)	Member will be contact when inserts are available at Optometry
Hep A	Immunization to help protect against Hepatitis A	Requirement for certain deployments or occupations	Direct member to Immunizations; no order required
Hep B	Immunization to help protect against Hepatitis B	Requirement for certain deployments or occupations	Direct member to Immunizations; no order required
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HIV	A blood draw to test for HIV	Every 2 years for all and prior to deployment to certain locations	Lab order to be placed by PCM team during annual PHA; direct member to report to Lab
HPV	Immunization to help protect against Human Papillomavirus infection	An optional but recommended immunization for certain age groups	Direct member to Immunizations; no order required
Influenza	Immunization to help protect against Influenza	Requirement for all	Direct member to Immunizations; no order required
Japanese Encephalitis	Immunization to help protect against Japanese Encephalitis	Requirement for certain deployments	Direct member to Immunizations; no order required
Med Warning Tag	A red colored dog tag to identify serious allergies or other medical warnings	Required for members who have a pending deployment, need warning tags, and do not yet have them	Completed during DRHA 1 appointment; for verified allergies or medical conditions, the Active Duty Clinic completes request form and tags are created by Medical Readiness; tags will be given to UDM by Public Health once made
Meningococcal	Immunization to help protect against Meningitis.	Requirement for certain deployments	Direct member to Immunizations; no order required
MHA	Mental Health Assessment	Step 2 of the annual PHA. Member responsible for making an appointment for the mandatory person-to- person mental health interview. After appointment is completed, medic signs MHA and item will be removed from action list.	Completed during PHA appointment; please review "MTF Instructions" tab on MyIMR for detailed instructions related to how to schedule PHA Appointment
MMR	Immunization to help protect against Measles, Mumps and Rubella	Requirement for all	Direct member to Immunizations; no order required
PHA	Preventive Health Assessment	Step 3 of the annual PHA. Accomplished by medical staff. After member PHAQ and keeps MHA appointment, medical staff complete remainder of PHA (e.g. flight physical, occupational exam).	Please review "MTF Instructions" tab on MyIMR for detailed instructions related to how to schedule PHA Appointment
PHAQ	Annual web-based health assessment questionnaire	Step 1 of the annual PHA. Performed by the service member. Member should click the "start PHAQ" button to take this assessment.	Accessible at MyIMR <a href="https://asimsimr.health.mil/iAS/MyImr.aspx">https://asimsimr.health.mil/iAS/MyImr.aspx</a> under IMR tab
Pneumococcal	Immunization to help protect against Pneumococcus infection	Requirement for certain deployments or age groups	Direct member to Immunizations; no order required
Polio	Immunization to help protect against Polio	Requirement for all adults at least one time. Boosters are also required for certain deployments.	Direct member to Immunizations; no order required

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PPD (Baseline)	A test to determine if the member has been exposed to tuberculosis	Done at the immunization clinic, and member must return to have the test interpreted by medical personnel within 48-72 hours of administration	Direct member to Immunizations; no order required [NOTE: Cannot be initiated on Thursdays due to 48-72 hour return requirement]
PPD	A test to determine if the member has been exposed to tuberculosis	Done at the immunization clinic, and member must return to have the test interpreted by medical personnel within 48-72 hours of administration	Direct member to Immunizations; no order required [NOTE: Cannot be initiated on Thursdays due to 48-72 hour return requirement]
Pregnancy Test	Pregnancy Test	Required for deployments to CENTCOM locations, required within 15-30 days of estimated departure from home station.	Public Health will order lab at Initial Deployment Briefing; can report to Lab 15-30 prior to departure for deployment to complete
Rabies	Immunization to help protect against Rabies	Requirement for certain deployments or occupations	Direct member to Immunizations; no order required
RH	A blood draw to determine the positive or negative factor of a person's blood type (e.g. A+, B-, AB-)	One-time for all	Should be conducted during Accession; direct member to call Active Duty Clinic (x4448) to verify if completed but not updated; if no record, will be ordered and member can report to Lab afterwards
Serum	A blood draw to obtain a serum sample for the pre- or post- deployment serum repository requirement	Lab requirement for certain deployments	Public Health will order lab at Initial Deployment Briefing; can report to Lab afterwards to have drawn
Sickle Cell	A blood draw to determine if a member has sickle cell anemia	One-time for all	Should be conducted during Accession; direct member to call Active Duty Clinic (x4448) to verify if completed but not updated; if no record, will be ordered and member can report to Lab afterwards
Smallpox	Immunization to help protect against smallpox	Requirement for certain deployments	Direct member to Immunizations; no order required
Td	Immunization to help protect against Tetanus-Diphtheria	Requirement for all	Direct member to Immunizations; no order required
Tdap	Immunization to help protect against Tetanus-Diphtheria-acellular Pertussis	One-time requirement for all adults	Direct member to Immunizations; no order required
Typhoid	Immunization to help protect against typhoid	Requirement for certain deployments	Direct member to Immunizations; no order required
Varicella	Immunization to help protect against Varicella (Chicken Pox)	Requirement for certain deployments or occupations	Direct member to Immunizations; no order required
Yellow Fever	Immunization to help protect against yellow fever	Requirement for certain deployments	Direct member to Immunizations; no order required

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Action List Item	Definition	Description	Directions
**	If placed next to an item in the Action List this means the item is required but not currently available at the MTF	N/A	N/A
	This is the character used to separate items in the action list	N/A	N/A

CAO 26 August 2025

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